

Discovery Answers™

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Getting started with a Medical Flexible Spending Account (FSA)

A Medical Flexible Spending Account (FSA) is a benefit plan used to set aside a portion of your salary, before taxes, to pay for eligible medical expenses not covered by your health insurance.

Determine your eligibility

[Determine your Medical Flexible Spending Account \(FSA\) eligibility.](#)

Determine your estimated contributions

[Estimate your Medical Flexible Spending Account \(FSA\) contributions](#)

Understand your payment options

[Pay up-front and get reimbursed from your Medical Flexible Spending Account \(FSA\).](#)

[Pay with your benefits debit card using funds from your Medical Flexible Spending Account \(FSA\).](#)

Spend the funds on eligible expenses

[Medical Flexible Spending Account \(FSA\) eligible expenses](#)

Substantiate the purchase of eligible expenses

[Substantiate Medical Flexible Spending Account \(FSA\) purchases of eligible expenses](#)

Submit your documentation

[Submit your Medical Flexible Spending Account \(FSA\) documentation](#)



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